



# INSPECTION REPORT

11<sup>TH</sup> WBPF EUROPEAN BODYBUILDING  
AND PHYSIQUE SPORTS CHAMPIONSHIPS  
FOR MEN, WOMEN AND MIXED PAIRS  
& 11<sup>TH</sup> EBPF ANNUAL CONGRESS



JUNE 10<sup>th</sup>-12<sup>th</sup>, 2022  
TELFS, AUSTRIA

## WELCOME MESSAGES

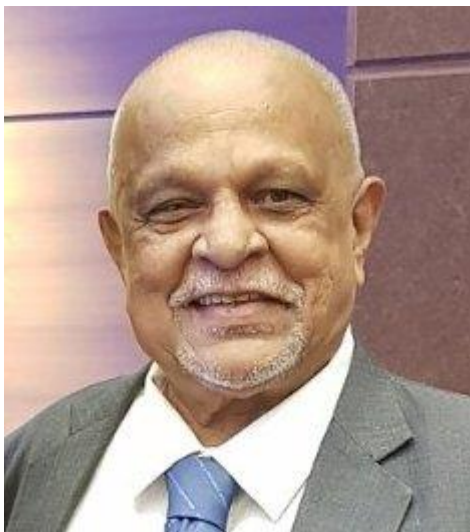
DEAR DELEGATES, COMPETITORS AND FANS

It is with utmost pleasure that I send you this Message from the World Bodybuilding and Physique Sports Federation (WBPF).

I am pleased to learn that Axel Bauer, President of ABPF and EBPF and his team are organizing the 11<sup>th</sup> WBPF European Bodybuilding and Physique Sports Championships in the city of Telfs, Austria from 10<sup>th</sup> to 12<sup>th</sup> June 2022.

Some of the best athletes from all over Europe will be participating as this is a very important event. In 2010 I attended the 1<sup>st</sup> WBPF European Bodybuilding and Physique Sports Championships in the capital of Austria, Vienna, and had a great time enjoying the hospitality of the Austrian Federation and its officials. It is great to hear that the Austrian Federation is again taking over the responsibility to organize the European Championships and I am sure that the Organizing Committee will do its best to make this event become a great success.

I wish to congratulate Axel Bauer, Markus Antretter, Horst Leser and all the members of the organizing committee in making this event a great success. I wish to congratulate President Axel Bauer, Vice-President Valeriy Lutsak, Secretary Horst Leser and all the other members of the Executive Council of EBPF for their hard work and dedication.



*Datuk Paul Chua*

President World Bodybuilding and Physique Sports Federation (WBPF)



DEAR DELEGATES AND ATHLETES,

It is both a great honor and pleasure to announce that the 11<sup>th</sup> WBPf European Bodybuilding and Physique Sports Championships will be organized and conducted this year by the Austrian Bodybuilding and Physique Sports Federation (ABPF). As everyone knows the COVID 19 – Crisis has strangled Europe severely so that it was not possible to organize European Championships in 2020 and 2021. After the Austrian Bodybuilding and Physique Sports Federation (ABPF) has successfully organized the 1<sup>st</sup> WBPf European Championships in 2010 in Vienna, it is now the 2<sup>nd</sup> time that Austria is taking the task to host this competition.

This year this important event will be celebrated in the beautiful town of Telfs, located near Innsbruck, the capital of the sub-country Tyrol in the west of Austria, which was two times host of the 1964 and 1976 Winter Olympics. ABPF is organizing the European Championships 2022 in collaboration with the Tyrolean Bodybuilding and Physique Sports Federation and the Telfs Bodybuilding and Physique Sports Federation under the capable leadership of ABPF Vice-President Dr. Markus Antretter. Dr. Antretter is a well-known Bodybuilder himself, he became WBPf Master Men's Bodybuilding World champion in 2018 in Chiang Mai/Thailand and he and his local organizing team of officials from Tyrol will ensure that this competition will become a great success.

The team of ABPF is an important member in Physique Sports in Europe and the World and is doing a great job year after year since the formation of EBPF and I am convinced that all participating federations with all their teams will have a great time in the beautiful sub-country of Tyrol, Austria.

It is definitely worth to stay a couple of more days after the European Championships to enjoy the beautiful sub-country of Austria, Tyrol, with its magnificent Alps.

The organizing committee of ABPF will do its utmost best to make your stay comfortable, memorable and unforgettable and I am sure that everybody will bring back great memories from these historic 11<sup>th</sup> WBPf European Bodybuilding and Physique Sports Championships.

Yours in Sport,



*Mag. Axel Bauer*

ABPF President  
EBPF President  
WBPf Vice-President for Europe



*Mag. Dr. Markus Antretter, BEd MSc (PhD)*

ABPF Vice-President  
TBPf President

The Organizing Team of the 11<sup>th</sup> WBPf European Championships



## HOST CITY

Telfs is a small town with about 16.000 inhabitants and is located 27 km west of Innsbruck, the capital of Tyrol in Austria that is an alpine country in Central Europe with about 8.8 million inhabitants. The majority of the population speaks the official language German but many Austrians can also speak English. The official currency is the Euro (100 Eurocent is 1 Euro). The time zone is Central European Time (Coordinated Universal Time + 1 hour). Concerning any electronic device the plug type is C and F, the residential voltage is 230 V and the frequency is 50 Hz.

Next to a highly developed industry, international tourism is the most important part of the national economy. Austria has a high degree of prerequisites for tourism. These include, on the one hand, the many natural areas and mountain landscapes (e.g. the Alps and the granite and gneiss highlands), lake landscapes, numerous cultural monuments, attractive cities and the well-developed infrastructure, and, on the other hand, in particular the rich history and the Habsburg brand, which, for example, generates tourism revenues of 60 million euros per year for the city of Vienna alone. In addition, there is the central location in Europe and the good accessibility.

In Tyrol, tourism is even the central economic factor. Tyrol accounts for one third of all overnight stays in Austria. Winter is the strongest season, which is caused by the many ski resorts. Probably the best known is Kitzbühel, where the legendary Hahnenkamm race with its notorious Streif downhill run is held every January and is broadcast on television worldwide, ensuring high viewing figures. In summer, on the other hand, the mountains are ideal for hiking and cycling tours.



Telfs is located in a basin-like extension of the Inn Valley at the foot of the 2,662-meter-high mountain called Hohe Munde.

In the 19<sup>th</sup> century and well into the 20<sup>th</sup> century, Telfs was a center of the textile industry, former factory buildings still characterize the townscape. Today, the economy is dominated by



manufacturing companies, energy production (E-Werk - Gemeindewerke Telfs) and services.



The community has experienced strong growth in recent years. New settlements were built mainly in former forest areas at the foot of the Hohe Munde. There are some religious buildings, namely 4 churches, a monastery and, since 2007, the Eyüp-Sultan-mosque with a minaret, the first one in Tyrol. But sports are not neglected either: a public swimming pool, the sports center, a sports field, a tennis court, a golf course, a climbing hall, a fitness center as well as cycling and hiking trails prove that.



Telfs is located at a crossroads of important traffic routes and is connected to the Inntal freeway via the Telfs Ost and Telfs West junctions. The station Telfs-Pfaffenhofen is located at the Arlbergbahn and is served by the lines S1 and S2 of the S-Bahn Tirol and by REX trains. In addition, an Intercity train of the Innsbruck-Bregenz connection stops daily. But also public buses operated by

Postbus connect Telfs with all surrounding towns. Last but not least, cabs will take you wherever you want to go.

The weather in Telfs is wet in June with some rainy days. The average daytime temperature is 19 degrees Celsius, at night it drops to 12 degrees. However, they can exceptionally rise to 30 degrees or drop to 3 degrees.





## AIRPORT

The Airport Innsbruck (IATA: INN, ICAO: LOWI) is an airport located 3.5 km (2.2 mi) west of the city of Innsbruck, Old Town and 25 km (15.6 mi) east of Telfs. It is connected by bus to the city of Innsbruck operated by IVB as line F.



### AIRPORT SHUTTLE SERVICE:

The organizing committee will not provide an airport shuttle service and therefore recommends to choose a hotel that offers such a service!

## VENUE SITE



RATHAUSSAAL TELFS is the center for entertainment and can accommodate up to 1200 people. It presents itself in modern architecture and is suitable for concerts, graduation balls,








exhibitions, fairs, lectures, seminars, company events, theater performances, cabarets and much more. in the best way suitably. The large and small halls are available for events of various sizes with a foyer for receptions, vernissages, etc. All events of the 11<sup>th</sup> European Bodybuilding and Physique Sports Championships 2022 will be held at this location (meetings, weigh-in/registration, competition, fare-well dinner).

Venue: Rathausaal Telfs  
Eduard-Wallnöfer-Platz 5  
6410 Telfs, Austria

## HOTEL RECOMMENDATIONS

The Organizing Committee recommends the following hotels that provide special offers for EC participants:

Place	Name of the hotel	Offers	Contact/Homepage
RIETZ	Rietzer Hof	<p><b>Single bed room</b> including breakfast: per person/per night € 70.-</p> <p><b>Double bed room</b> including breakfast: per person/per night € 54.-</p> <p><b>Family room up to 3 persons</b> including breakfast: per person/per night € 51.-</p> <p><b>Family room up to 5 persons</b> including breakfast: per person/per night € 55.-</p> <p><b>Additional to all rooms:</b> Kurtaxe per person/per night € 2.-</p> <p><b>Additionally bookable:</b> <b>Half board</b> is not bookable!</p> <p><b>ATTENTION:</b> Booking end date: 20.04.2022</p>	 <p>RESTAURANT &amp; HOTEL</p> <p><i>Rietzer Hof</i></p> <p>www.rietzerhof.at</p>
STAMS	Hirschentenne Stams	<p><b>Single bed room</b> Category 1 including breakfast: per person/per night € 85.-</p> <p><b>Double bed room</b> Category 1 including breakfast: per person/per night € 55.-</p> <p><b>Single bed room</b> Category 2 including breakfast: per person/per night € 65.-</p> <p><b>Double bed room</b> Category 2 including breakfast: per person/per night € 45.-</p> <p><b>Additionally bookable:</b> <b>Half board</b> (3-course menu with salad buffet) € 18.-</p> <p><b>Apartments for 3 up to 6 people are also available:</b> Please contact the hotel directly for more information!</p>	 <p>hirschentenne STAMS</p> <p>www.hirschen-tirol.at</p>
MÖSERN	Inntaler Hof	<p><b>Single bed room</b> including breakfast: per person/per night € 68.-</p> <p><b>Double bed room</b> including breakfast: per person/per night € 80.-</p> <p><b>Family room up to 4 persons</b> including breakfast (minimum 3 persons): per person/per night € 75.- an additional person € 60.-</p> <p><b>Additional to all rooms:</b> Kurtaxe per person/per night € 2.-</p>	 <p>DAS PANORAMAHOTEL</p> <p>www.inntalerhof.at</p>



		<b>Additionally bookable:</b> <b>Half board</b> (3-course menu with salad buffet, cheese & fruit at the buffet) € 27.- <b>ATTENTION:</b> Booking end date: 20.04.2022	
<b>MÖSERN</b>	Sporthotel Xander	<b>Single bed room</b> including breakfast: per person/per night € 80.- <b>Double bed room</b> including breakfast: per person/per night € 55.- <b>Additionally bookable:</b> <b>Half board</b> (4 - course choice menu with salad and starter buffet) € 20.- <b>Additional to all rooms:</b> Kurtaxe per person/per night € 2.80	 www.xander-leutasch.at

Eventually, Harry's home will have a Soft Opening in June 2022 in Telfs. Please check their homepage [www.harrys-home.com](http://www.harrys-home.com) for further information.

If none of these hotels are suitable, the tourism association (**Tourismus Information Telfs**) is available to all participants. They will help with the selection and arrangement of all kinds of accommodation:

#### Tourismus Information Telfs

Untermarktstraße 1, 6410 Telfs, Austria

T +43 512 / 53 56 972, F +43 512 / 53 56 979

[k.bichler@innsbruck.info](mailto:k.bichler@innsbruck.info), [telfs@innsbruck.info](mailto:telfs@innsbruck.info)

[www.innsbruck.info](http://www.innsbruck.info), [www.innsbruck.info/telfs](http://www.innsbruck.info/telfs)

### REGISTRATION FEE

Each official participant (athletes and delegates, including delegates without competitors), must pay the registration fee to the organizing committee.

Registration fee	Included	Not included	EUR In Advance (payed no later than by 3rd June 2022)	EUR In Cash (payed after the deadline date of 3rd June 2022)
<b>Delegates &amp; judges</b>	<ul style="list-style-type: none"> <li>✓ Free entry to venue site</li> <li>✓ EBPF area access</li> <li>✓ Athletes area access</li> <li>✓ Farewell party (Sunday)</li> <li>✓ Gifts</li> </ul>	<ul style="list-style-type: none"> <li>✗ Accomodation</li> <li>✗ Transfers</li> <li>✗ Backstage area access</li> <li>✗ Meals</li> </ul>	<b>20.-</b>	<b>25.-</b>
<b>Athletes</b>	<ul style="list-style-type: none"> <li>✓ Free entries</li> <li>✓ Athletes area access</li> <li>✓ Backstage area access</li> <li>✓ Free use of the "Athletes Corner" for warm-up*</li> <li>✓ Farewell party (Sunday)</li> <li>✓ Diploma &amp; Gifts</li> <li>✓ Free entry in some selected Gym's*</li> </ul>	<ul style="list-style-type: none"> <li>✗ Accomodation</li> <li>✗ Transfers</li> <li>✗ EBPF area access</li> <li>✗ VIP area access</li> <li>✗ EBPF area access</li> <li>✗ Meals</li> </ul>	One category: <b>110.-</b> Any additional category: <b>50.-</b>	One category: <b>130.-</b> Any additional category: <b>70.-</b>
<b>Coaches</b>	<ul style="list-style-type: none"> <li>✓ Free entries</li> <li>✓ Athletes area access</li> </ul>	<ul style="list-style-type: none"> <li>✗ Accomodation</li> <li>✗ Transfers</li> <li>✗ EBPF area access</li> <li>✗ VIP area access</li> <li>✗ Backstage area access</li> <li>✗ Meals</li> </ul>	<b>20.-</b>	<b>25.-</b>
<b>Farewell party</b>	<ul style="list-style-type: none"> <li>✓ Farewell party (Sunday)</li> </ul>		<b>25.-</b>	<b>30.-</b>





The fees which will be paid cash will be collected at the time of Official Weigh-In & Registration by the Organizing Committee. The team managers of each country have to pay the registration fee of the whole national team. Only Cash Payments in EUR will be accepted for registration fees. ATM machines are available near the event hall where you can withdraw cash with a credit card.

**\*WORKOUT for free in selected Gyms:**

**IMPORTANT NOTICE:** Free access to the gyms is **only possible for registered COMPETITORS and with PRE-NOTIFICATION one day before** providing the following information: Name? What day? Planned work-out time?

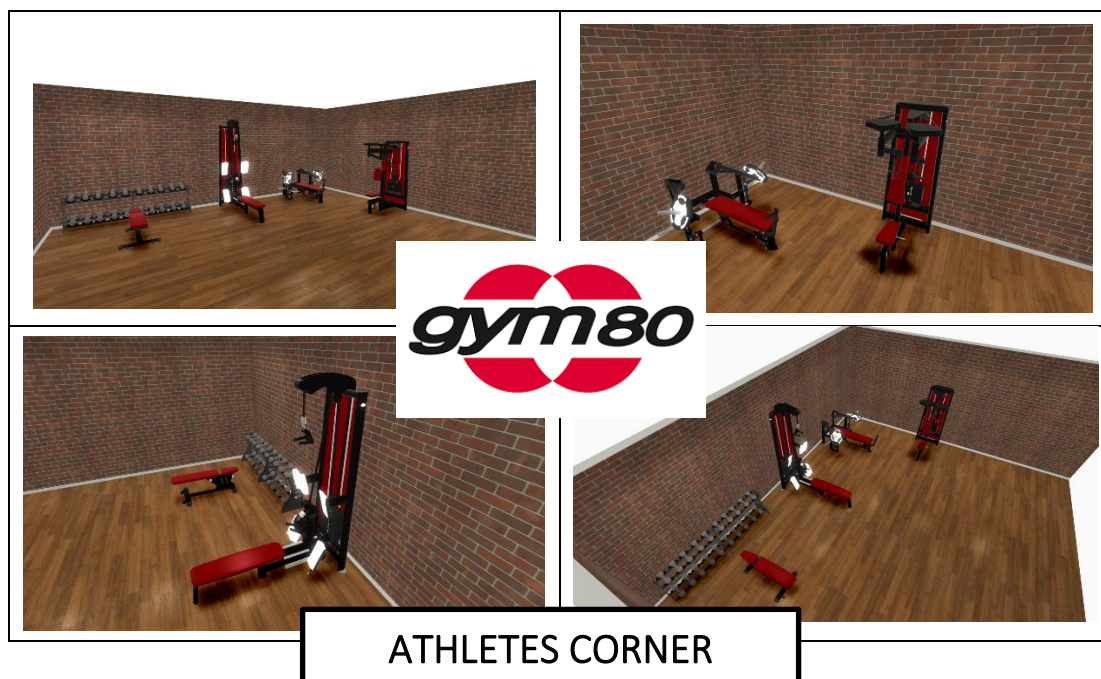
Mail to: [office@abpf.at](mailto:office@abpf.at)

List of selected gyms providing free access for registered competitors from 10.06-12.06.2022:

Place	Name of the Gym	Adress/Homepage
INNSBRUCK	ACT-Fitness	<a href="http://www.act-fitness.at">www.act-fitness.at</a>
INNSBRUCK	OLYMPIC-Gym	<a href="http://www.olympic-gym.at">www.olympic-gym.at</a>
TELFS	CLEVER-Fit Telfs	<a href="https://www.clever-fit.com/at-de/fitnessstudio-in-der-naehe/clever-fit-telfs/">https://www.clever-fit.com/at-de/fitnessstudio-in-der-naehe/clever-fit-telfs/</a>
IMST	CLEVER-Fit Imst	<a href="https://www.clever-fit.com/at-de/fitnessstudio-in-der-naehe/clever-fit-imst/">https://www.clever-fit.com/at-de/fitnessstudio-in-der-naehe/clever-fit-imst/</a>

**\*ATHLETES CORNER AT THE VENUE SITE:**

There will be an athlete's area set up on the first floor of the venue-site for the use of registered athletes. They may use the facilities of the ATHLETES CORNER, specially set up by **MMFitness GmbH**, for their warm-up free of charge. Various fitness equipment and dumbbells from the manufacturer **Gym80** are available here! Virtual Graphics:



Visitor's tickets:	EUR Payment in Advance (payed no later than by 3rd June 2022)	EUR Cash (payed after the deadline date of 3rd June 2022)
Economy (Saturday)	20.-	25.-
Economy (Sunday)	20.-	25.-
Economy (Saturday & Sunday)	35.-	40.-
VIP (Saturday)	35.-	40.-
VIP (Sunday)	35.-	40.-
VIP (Saturday & Sunday)	60.-	70.-
Farewell party	25.-	30.-

### DISCIPLINES and CATEGORIES (tentative): Total thirty (30) categories

FITNESS PHYSIQUE	MEN	Senior	one open
	WOMEN	Senior	one open

MODEL PHYSIQUE	WOMEN	Junior (up to 23 yrs)	one open
		Senior	up to 160 cm
			up to 165 cm
			up to 170 cm
			over 170 cm
Lady (over 35 yrs)	one open		

SPORT PHYSIQUE	MEN	Senior	up to 170 cm (-2 kg)
			up to 180 cm (+2 kg)
			over 180 cm (+4 kg)
	WOMEN	Senior	up to 165 cm
			over 165 cm

ATHLETIC PHYSIQUE	MEN	Senior	up to 170 cm (+2-6 kg)
			up to 180 cm (+6-8 kg)
			over 180 cm (+8-10 kg)
	WOMEN	Senior	up to 165 cm
			over 165 cm

MUSCULAR PHYSIQUE	WOMEN	Senior	one open
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BODYBUILDING	MEN	Junior (up to 23 yrs)	one open
		Senior	up to 70 kg
			up to 80 kg
			up to 90 kg
			up to 100 kg
	Master	over 100 kg	
		40-49 yrs / up to 80 kg	
		40-49 yrs/ over 80 kg	
		50-59 yrs: one open	
		over 50 yrs: one open	
MIXED PAIRS	Senior	one open	



### IMPORTANT NOTICE!

- In Men's Athletic Physique up to 170 cm category the rate calculation is the following:  
- up to 160 cm max. weight (in kg) = height (in cm) – 100 (max. + 2 kg allowance)

## TEAM-REGISTRATION and INDIVIDUAL ATHLETE-REGISTRATION

### TEAM-REGISTRATION:

All active member countries of EBPF (European Bodybuilding and Physique Sports Federation) register through ABPF and are requested to submit their Final Entry Form by e- mail to: [office@abpf.at](mailto:office@abpf.at)

Please cooperate and submit your Final Entry form in time as per deadlines indicated in the form that is **3<sup>rd</sup> June 2022**.

### INDIVIDUAL ATHLETE-REGISTRATION:

Athletes from non-member countries or inactive national federations must register via the official registration portal on the ABPF homepage:

[www.abpf.at](http://www.abpf.at)

### IMPORTANT NOTICE for Austrian athletes:

Only those Austrian Athletes are entitled to participate in the EUROPEAN CHAMPIONSHIPS who also participate in the AUSTRIAN CHAMPIONSHIPS taking place on 11<sup>th</sup> June, 2022!

## WEIGH-IN AND REGISTRATION

Weigh-In and registration will take place at Rathausaal Telfs on June 10<sup>th</sup> 2022 from 16:00-20:00 hrs.

It is the responsibility of the Chief Delegate or Team Manager to make sure that his/her athletes are on time for the Weigh-In and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will not be registered and cannot compete and will have to pay all of his expenses.

### IMPORTANT NOTICE!

- Each athlete must bring his/her passport and posing music to the weigh-in and registration, failing which the athlete will not be processed.
- No G-String bikinis are allowed. A female athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the competition at the Weigh-In area. The bikinis will be stamped with a marker as an approval by the Judge's Committee.
- During the Weigh-In, all female athletes should be properly dressed (sports clothing).
- At the opening ceremony, if you were to allocate female athletes, she should also appear in a track suit and not in bikini.

## ATHLETESAREA, BACKSTAGE AREA, TANNING ROOM ACCESS

Access to the athletes, backstage areas and/or tanning room will be strictly limited only to those who have been issued an Entry Pass at the registration or team manager meeting.





## TANNING & EXTRA SERVICES

### IMPORTANT NOTE TO ALL ATHLETES!

- Using Dream Tan or any other staining tanning cream is prohibited!
- Athletes who use Dream Tan or any other staining tanning cream will be disqualified!

Pro Tan Europe will provide spray tan service during the competition. EBPF recommends using the services provided by the official Tanning Team.

**Pro Tan**<sup>®</sup>  
EUROPE Since 1987  
[www.protan-europe.com](http://www.protan-europe.com)

YOU CAN BOOK YOUR TANNING UNDER THE FOLLOWING LINKS:

[www.abpf.at](http://www.abpf.at)

<https://www.protan-europe.com/book-your-tan/307>

### PRICES:

- Tanning: 80.- Euro (includes tanning the day before and unlimited layers and oil application)
- Makeup: 60.- Euro
- Hairdressing: 40.- Euro (including touch ups and fake eye lashes)
- Tattoo Cover Up: 30.- Euro (including touch ups)

### Some useful advices:

- DON'T USE deodorant / anti-perspiration sprays and lotion products in the morning of the tanning. The skin will not take in the color properly.
- WATCH OUT for the method of your depilation. Do not bruise your upper skin.
- DO USE skin peeling product (get buffed) starting with the last 2-3 days to get rid of the „dead skin“. By doing so you can avoid dotty and dirty-looking skin after tanning.

### Special Services:

- WHOLE DAY CORRECTION - We will be there till the end of the competition to repair color or streak and put another oil/vasculizer if there will be more stage appearances.
- FIXING YOUR BIKINI - We can fix your bikini with our special product, Bikini Bite from Protan. It is included in the tanning service. It is washable with soap and smooth to your skin.
- PROFESSIONAL MAKE UP TEAM - Professional make up service will be available for you! We have been working together from the beginning so they really know how a perfect stage make up should look like.
- HAIR TOUCH-UP - Our hair dressers can do final touch-up on your hair. For women and men too!

## TROPHIES, MEDALS AND OTHER PRIZES

- ✓ Place 1-3: high-quality handmade medals Ø 10cm by the company Pichl ([www.pichl-medailles.com](http://www.pichl-medailles.com))
- ✓ Place 1-3: high-quality cups from the company Pichl ([www.pichl-medailles.com](http://www.pichl-medailles.com))
- ✓ 2x voucher in value of €230.- for 2 nights in a double room incl. breakfast at HARRY'S HOME ([www.harrys-home.com](http://www.harrys-home.com))
- ✓ 1x voucher in value of €230.- for 2 nights in a double room including breakfast at INNTALERHOF ([www.inntalerhof.at](http://www.inntalerhof.at))
- ✓ 1x voucher in value of €300.- for 2 nights in a double room including half board at SPORHOTEL XANDER ([www.xander-leutasch.at](http://www.xander-leutasch.at))



- ✓ 1x Bikini in value of €500.- Kadupul Bikini
- ✓ 1x Pants in value of €500.- Narcizo Apparel
- ✓ 1x Sword for Men's Bodybuilding Overall Winner engraved, sponsored by ACT-Fitness Ibk:



- ✓ 16x COBRA 38 belts in value of €70.- with the famous Cobra buckle sponsored by Fa. AustriAlpin (branded as Special Edititon)



- ✓ 1x MASERATI-watch from the Traguardo collection in value of €500.- sponsored by Starlight company (Alexander Schramm)



The Traguardo collection from the luxury label MASERATI is characterised by unique and refined materials and finishes, capable of attracting the attention of connoisseurs at first glance. This chronograph with sporty Blue details is characterised by a 45 mm diameter Black PVD case. The striking black dial features minimalist design with three sub dials to help you keep on time. The watch combines exclusive style with sportive spirit!

## CAMERA / VIDEO TAPE EQUIPMENT

Camera and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the EBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

## OPENING CEREMONY

National dress code or track suits to be worn by delegates and/or officials taking part in the parade of nations. Only one (1) delegate and one (1) competitor per country must take part in the opening ceremony.



## NATIONAL ANTHEM/NATIONAL FLAG

You must provide one national flag of your country, the flag must be manufactured of dense silk and must measure no more than 2,5 m x 2,5m.

You must also provide your national anthem (shortened version) on CD or flash drive. Video or cassette is not acceptable.

## TENTATIVE DAILY PROGRAM

### June 10<sup>th</sup> 2022 (Friday) Kleiner Rathaussaal Telfs

Arrival of all participating teams and officials at the venue site Kleiner Rathaussaal Telfs no later than by 14:00 hours.

13:00-14:30 EBPF Executive Council Meeting followed by EBPF Annual Congress followed by Team manager meeting and Judges Meeting.

14:35-15:50 European Judges Seminar & Exam

16:00-20:00 Registration/Weigh-In of all bodyweight categories and height. Measurements and checking of age groups. Start Tanning Service.

### June 11<sup>th</sup> 2022 (Saturday) Großer Rathaussaal Telfs

15:00-20:00 Competition

15:00-15:15 Opening Ceremony (one delegate and one athlete on the stage)

15:15-19:00 Competition: (Total 15 categories)

1	Model Physique	Women	Junior (up to 23 yrs)	one open	
2	Model Physique	Women	Lady (over 35 yrs)	one open	
3	Model Physique	Women	Senior	up to 160cm	
4	Model Physique	Women	Senior	up to 165cm	
5	Model Physique	Women	Senior	up to 170cm	
6	Model Physique	Women	Senior	over 170cm	
7	Sport Physique	Women	Senior	up to 165cm	
8	Sport Physique	Women	Senior	over 165cm	
9	Sport Physique	Men	Senior	up to 170cm	
10	Sport Physique	Men	Senior	up to 180	
11	Sport Physique	Men	Senior	over 180	
12	Bodybuilding	Men	Master (40-49 yrs)	up to 80 kg	
13	Bodybuilding	Men	Master (40-49 yrs)	over 80 kg	
14	Bodybuilding	Men	Master (50-59 yrs)	one open	
15	Bodybuilding	Men	Master (over 60 yrs)	one open	

19:00-20:00 Award ceremony

### June 12<sup>th</sup> 2022 (Sunday)

09:00-13:00 Competition: (Total 8 categories)

1	Fitness Physique	Men	Senior	one open	routine
2	Fitness Physique	Women	Senior	one open	routine
3	Athletic Physique	Women	Senior	up to 165 cm	
4	Athletic Physique	Women	Senior	over 165 cm	
5	Muscular Physique	Women	Senior	one open	





6	Athletic Physique	Men	Senior	up to 170 cm	
7	Athletic Physique	Men	Senior	up to 180 cm	
8	Athletic Physique	Men	Senior	over 180 cm	
9	Fitness Physique	Men	Senior	one open	quarter turns
10	Fitness Physique	Women	Senior	one open	quarter turns

13:00-14:00 Break

14:00-17:30 Competition: (Total 7 categories)

1	Bodybuilding	Men	Junior (up to 23 yrs)	one open	
2	Bodybuilding	Men	Senior	up to 70 kg	
3	Bodybuilding	Men	Senior	up to 80 kg	
4	Bodybuilding	Men	Senior	up to 90 kg	
5	Bodybuilding	Men	Senior	up to 100 kg	
6	Bodybuilding	Men	Senior	over 100 kg	
7	Bodybuilding		Mixed Pairs	one open	

17:30-18:45 Award ceremony

18:45-19:00 Women's Model Physique Overall

Men's Bodybuilding Overall

Award ceremony

Special Award for Best Team: 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> places

20:00-24:00 Farewell Party at Großer Rathaussaal Telfs (Dress code: sporty elegant)

**June 13<sup>th</sup> 2022 (Monday)**

Departure of all participants

#### IMPORTANT NOTICE!

Tentative Daily Program means that the categories and their individual order are not cast in stone. It is possible that some categories can be moved from Saturday to Sunday and vice versa! The final program (final competition schedule) will be published after the Weigh-In on Friday.

## JUDGES

In order to assist the EBPF judges committee in their selection of judges for these championships, please forward your nomination for Judges from your National Federation as soon as possible but no later than June 3<sup>rd</sup>, 2022. Judges must possess an International/Continental recognized judge's card and must produce it to the judges committee in Telfs. Please send the nomination to Mr. Walter den Branden and c.c. to the EBPF Secretariat in Vienna:

Mr. Axel Bauer: [office@ablaw.at](mailto:office@ablaw.at)

Mr. Walter van den Branden: [wbpsfwalter@zeelandnet.nl](mailto:wbpsfwalter@zeelandnet.nl)

Kindly nominate the name of your judges in advance; last minute submissions will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with grey blazer with grey skirt or dress pants.



## MEDIA ACCREDITATION

All media accreditation, except local media, shall be controlled by the EBPF. All persons wishing to obtain media accreditation for this event must register with the EBPF by completing and signing the EBPF Media Accreditation Form. The form must be submitted to the EBPF by E-mail at [office@ablaw.at](mailto:office@ablaw.at) and [markus.antretter@abpf.at](mailto:markus.antretter@abpf.at) no later than June 3<sup>rd</sup>, 2022.  
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## ATHLETES WITHOUT DELEGATES

All athletes competing at WBPF European Championships must be members in good standing of their national federations. Any athlete who arrives without a delegate must carry an official letter of authorization of participation from his/her national federation, failing which the athletes will not be eligible to participate.

## ATTENDANCE AT THE ANNUAL EBPF CONGRESS

All national federations officially participating in the championships must attend the congress meeting, including national federations with athletes and no delegates. In this case, the athlete must attend and represent his/her country at the congress.

## POSING MUSIC

Posing music must be on CD or flash drive and produced with good quality. The music should be cued from the start of the CD or should be the only file on the flash drive. Each competitor must affix his/her name on the CD/flash drive for easy identification.  
THE USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED!

## VISA

Austria is a member of EU. Please consult to the Austrian embassy in your country to determine if you need a visa. Upon a request an official invitation letter shall be issued and signed by ABPF. Please note, that the visa administration process can take 3-4 weeks. If you need help for visa administration, please send the scanned copy of your passport to ABPF and please ensure that it is more than 6 months valid.  
Last minute request will not be entertained by the organizing committee!

## ADDRESS / CONTACT OF THE ORGANIZING COMMITTEE

**ABPF**  
**Austrian Bodybuilding and Physique Sports Federation**  
Favoritenstraße 26  
A-1040 Wien  
[office@abpf.at](mailto:office@abpf.at)

## ATTACHMENTS

Final Entry Form, Media Accreditation Form

